

# Twelve15 Egg Free Menu

## Spring Summer 2022



|            | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|------------|---|---|---|---|--|
| Week One   | Mediterranean Vegetable Pasta Bake with Garlic Dough Balls <b>V</b> | Pork & Apple Grill with Creamed Potatoes                            | Roast British Chicken with Sage & Onion Stuffing, Roast Potatoes & Gravy    | Ham & Cheese Pasta Bake with Wholegrain Bread                           | Breaded Flipper Dippers with Oven Baked Chips                  |
|            | Veggie Bolognese with Penne Pasta <b>V</b>                          | Glamorgan Sausage with Creamed Potatoes <b>V</b>                    | Vegetable Slice with Sage & Onion Stuffing, Roast Potatoes & Gravy <b>V</b> | Pizza Swirl with Spicy Potato Wedges <b>V</b>                           | Vegetable Quesadilla with Oven Baked Chips <b>V</b>            |
|            | Garden Peas<br>Sweetcorn  | Broccoli Florets<br>Baked Beans                                     | Spring Cabbage<br>Batton Carrots  | Sweetcorn<br>Chef's Salad   | Garden Peas<br>Vegetable Medley                                |
|            | Cheese & Biscuits <b>V</b>  | Shortbread Biscuit <b>V</b>   | Yoghurt Selection <b>V</b>  | Fruity Flapjack with a Fresh Apple Wedge <b>V</b>                       | Vegan Chocolate & Beetroot Brownie with Crème Fraîche <b>V</b> |
| Week Two   | Loaded Cheese & Tomato Pizza with Potato Wedges <b>V</b>            | Chicken & Butternut Squash Curry with Rice                          | Roast British Beef with Roast Potatoes & Gravy                              | BBQ Lincolnshire Sausages with Crispy Herb Potatoes                     | Pollock or Salmon Fish Finger Wrap with Oven Chips             |
|            | Margherita Mac & Cheese with Potato Wedges <b>V</b>                 | Lentil Bolognese with Rice <b>V</b>                                 | Glamorgan Sausage with Roast Potatoes & Gravy <b>V</b>                      | Vegan Sausage Roll with Crispy Herb Potatoes <b>V</b>                   | Vegetable Fingers with Oven Chips <b>V</b>                     |
|            | Mixed Salad<br>Vegetable Medley                                     | Broccoli Florets<br>Sweetcorn                                       | Cauliflower Florets<br>Carrot Roundels                                      | Baked Beans<br>Green Beans  | Chef's Salad<br>Crushed Peas                                   |
|            | Chilled Melon Slice <b>V</b>  | Yoghurt Selection <b>V</b>  | Cheese & Biscuits with Apple Slices <b>V</b>                                | Strawberry Mousse <b>V</b>  | Vanilla Ice Cream <b>V</b>                                     |
| Week Three | Vegan Sausage Roll with Crispy Herb Potatoes <b>V</b>               | British Beef Burger in a Bun with Sweet Potato Wedges               | Roast British Gammon with Roast Potatoes & Gravy                            | Chicken & Thyme Meatballs in a Tomato Sauce with Pitta Bread & Couscous | Breaded Fish Fillet with Hash Browns                           |
|            | Jacket Potato Filled With Chilli Non Carne <b>V</b>                 | Country Vegetable Burger in a Bun with Sweet Potato Wedges <b>V</b> | Vegetable Slice with Roast Potatoes & Gravy <b>V</b>                        | Mediterranean Pasta Bake <b>V</b>                                       | Vegan Nuggets with Hash Browns <b>V</b>                        |
|            | Green Beans<br>Carrot Roundels                                      | Chef's Salad or Salad Bar   | Broccoli Florets<br>Batton Carrots  | Sweetcorn<br>Chef's Salad   | Garden Peas<br>Baked Beans                                     |
|            | Yoghurt Selection <b>V</b>  | Shortbread Biscuit <b>V</b>   | Chilled Melon Slice <b>V</b>  | Cheese & Biscuits <b>V</b>  | Vegan Chocolate & Beetroot Brownie with Crème Fraîche <b>V</b> |