

Menu made without ingredients that contain Gluten Spring Summer 2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week One	Gluten Free Pasta Neapolitan with Gluten Free Garlic Bread ✓	Pork Steak with Creamed Potatoes	Roast British Chicken with Roast Potatoes & Gravy	Gluten Free Ham & Cheese Pasta Bake with Gluten Free Bread	Gluten Free Fish Fingers with Oven Chips
	Veggie Bolognese with Gluten Free Pasta ✓	Omelette with Creamed Potatoes ✓	Quorn Fillet with Roast Potatoes & Gravy ✓	Gluten Free Pizza Swirl with Spicy Potato Wedges ✓	Five Bean & Squash Filled Jacket Potato ✓
	Garden Peas Sweetcorn	Broccoli Florets Baked Beans	Spring Cabbage Batton Carrots	Sweetcorn Chef's Salad	Garden Peas Vegetable Medley
	Cheese & Gluten Free Bread ✓	Gluten Free Peach & Carrot Muffin with Crème Fraîche ✓	Yoghurt Selection ✓	Gluten Free Shortbread with a Fresh Apple Wedge ✓	Vanilla Ice Cream ✓
Week Two	Gluten Free Loaded Cheese & Tomato Pizza with Potato Wedges ✓	Chicken & Butternut Squash Curry with Rice	Roast British Beef with Roast Potatoes & Gravy	BBQ Pork Steak with Crispy Herb Potatoes	Gluten Free Fish Fingers with Oven Chips
	Gluten Free Pasta in Cheese Sauce with Potato Wedges ✓	Quorn Korma with Rice ✓	Quorn Fillet with Roast Potatoes & Gravy ✓	Quorn Frankfurter with Crispy Herb Potatoes ✓	Omelette with Oven Chips ✓
	Home-made Slaw Vegetable Medley	Broccoli Florets Sweetcorn	Cauliflower Florets Carrot Roundels	Baked Beans Green Beans	Chef's Salad Crushed Peas
	Chilled Melon Slice ✓	Yoghurt Selection ✓	Cheese & Gluten Free Bread with Apple Slices ✓	Strawberry Mousse ✓	Vanilla Ice Cream ✓
Week Three	Chilli Non Carne with Rice ✓	Gluten Free Crumbed Chicken Grill with Gluten Free Bun & Sweet Potato Wedges	Roast British Gammon with Roast Potatoes & Gravy	Gluten Free Mediterranean Chicken Pasta Bake	Gluten Free Fish Fingers with Hash Browns
	Chilli Non Carne with Rice ✓	Cheese & Baked Bean Filled Jacket Potato ✓	Gluten Free Pizza Swirl with Roast Potatoes & Gravy ✓	Gluten Free Mediterranean Pasta Bake ✓	Veggie Brunch - Omelette & Veggie Frankfurter with Hash Browns ✓
	Green Beans Carrot Roundels	Chef's Salad or Salad Bar	Broccoli Florets Batton Carrots	Sweetcorn Chef's Salad ✓	Garden Peas Baked Beans
	Yoghurt Selection ✓	Banana Muffin with Crème Fraîche ✓	Chilled Melon Slice ✓	Cheese & Gluten Free Bread ✓	Gluten Free Vegan Chocolate & Beetroot Brownie with Crème Fraîche ✓