

Twelve 15 Meek Morning Break Menu, Autumn/Winter 2024/25

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Weeks Starting:

2nd September, 23rd September, 14th October, 11th November, 2nd December, 6th January, 27th January



Monday

Tuesday

Option 1

Cheeseburger

£2.85

Option 2

Southern

Style Quorn

Burger

Wednesday

Thursday

Option 1

Breakfast

Burrito

Option 1

BBQ Pulled Pork **Folded Naan with** Citrus Slaw £2.85

Option 1

Chicken Shish Bites Rice Pot with Yoghurt and Mint Sauce

£2.95

Option 1

Friday

Chicken Pesto Pasta

£2.25

Option 2

Sweetcorn Ribs with Waffle Fries. Citrus Slaw and BBQ Sauce £2.60

Option 2 0

Buffalo Cauliflower Bites Rice Pot with Yoghurt and **Mint Sauce** £2.60

Option 3

Potato Tots

with Chipotle

Chicken

£3.15

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Option 2

£2.85

Falafel and Houmous Pitta

£2.65

Option 3

Chicken Katsu **Noodle Pot** £2.85

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Option 2

Loaded Taters, Guacamole, Sour Cream, Spring Onions and Roasted Peppers £2.75

Option 3

Fish Finger Wrap £2.85

Option 3

Chicken and Black Bean **Noodle Pot** £2.50

Daily

salad

pots

Option 3

£2.60

Mexican Pork Rice Pot £2.30

Pizzas, Wraps and Paninis

Fresh options every day

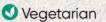


Daily offer includes:

Freshly filled baguettes and sandwiches A variety of fresh fruits, yoghurt pots, pretzels, waffles, cakes, traybakes and muffins

Pasta Pots Available

every day



Twelve 15 Week 2 Morning Break Menu, Autumn/Winter 2024/25

Weeks Starting:

9th September, 30th September, 21st October, 18th November, 9th December, 13th January, 3rd February



Monday

Tuesday

Option 1

Piri Piri

Chicken

Burrito

£2.50

Wednesday

Friday

Option 1

Bacon and Sausage Bagel £2.85

Option 1

Dirty Wedges with Cheese and Bacon £2.60

Thursday

Option 1

Chicken Roosters

with Sweet Chilli

Sauce and Waffle Fries

£2.85

Option 1

Chilli Beef,
Rice and
Tortilla Chips
£2.65

Option 2

Vegetable Samosa with Bombay Potatoes and Mango Chutney £2.65

Option 2

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Loaded Omelette
with Veggie Sausage
and BBQ Beans
£2.75

Option 2

Houmous and
Roasted Vegetable
Flatbread
£2.60

Option 2

Vegan Nuggets with BBQ Sauce and Waffles Fries

Option 2

Vegan Meatball
Pasta Pot with Spicy
Tomato Sauce
£2.60

Option 3

Chicken Tikka with Bombay Potatoes and Mango Chutney £2.65

Option 3

Bacon and
Maple
Syrup Waffles
£2.75

Option 3

Chimmichuri
Beef
Burger
£2.85

Option 3

Sweet and Sour Pork Meatballs Rice Pot £2.95

Option 3

Fish Burger with Lemon Mayo £3.15

Daily salad pots



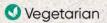
Daily offer includes:

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Freshly filled baguettes and sandwiches

A variety of fresh fruits, yoghurt pots, pretzels,
waffles, cakes, traybakes and muffins

Pasta Pots Available every day



Twelve 15 Week 3 Morning Break Menu, Autumn/Winter 2024/25

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Weeks Starting:

16th September, 7th October, 4th November, 25th November, 16th December, 20th January, 10th February



Monday

Tuesday

Option 1

Wednesday

Thursday

Friday

Option 1

Sweet Chilli Chicken Noodle Pot £2.50

Greek
Style Chicken
Gyros
£2.85

Option 2

Greek Style

Veggie Gyros

£2.85

Option 1

French Bread Roast Beef Pizza £2.15

Option 1

Southern Style BBQ Chicken Burger £2.95

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Option 1

Jumbo Sausage
Sub with
Fried Onions
£2.85

Option 2

Veggie Burrito £2.60

Option 2

Keralan Lentil Dahl with Rice £2.25

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Option 2

Veggie 1/4 Pounder with Tomato Relish £2.75



Option 2

Plant Based Hot Dog with Fried Onions £2.60

Option 3

Hash Brown,
Bacon,
Bean and
Cheese Melt
£2.50

Option 3

Plant Based
Kofta Bites Rice
Pot with Yoghurt
and Mint Sauce
£2.85

Option 3

Chicken Korma Rice Pot

£2.65

Option 3

Sweet Chilli
Chicken and
Sweetcorn Meatballs
Noodle Pot
£2.75

Option 3

Tuna Arrabiata Pasta

£2.85

Daily salad pots

Pizzas, Wraps and Paninis

Fresh options every day

Daily offer includes:

A variety of fresh fruits, yoghurt pots, pretzels, waffles, cakes, traybakes and muffins

Pasta Pots Available every day

